

A Taste of the Mediterranean – Season 1

Rules and Regulations

Entering:

- 1) **Cook** up a unique and creative interpretation of the featured Mediterranean ingredient or recipe of the month.
- 2) **Post** a blog entry that includes *at least* one photo of your final product by the deadline (the last day of the month)
- 3) **E-mail** a link to your post to tastemed@antoniotahhan.com by the deadline along with your name and the name of your blog.
- 4) **Winners** will be announced at the beginning of each month and one of them may be you!

Judging:

The Mediterranean panel of judges will determine the winner each month. In case of a tie vote the corresponding member of the panel that month will be the tiebreaker. Factors that will be taken into consideration include:

- 1) **Story.** The write-up of the post. (i.e. What inspired you? How was this challenge memorable?)
- 2) **Looks.** The presentation of the post. This includes photos, plating and all other design regarding the post.
- 3) **Style.** The overall creativity of the post.

General Rules:

- 1) All entries must be posted in a food blog and include **at least** one photo of the completed dish.
- 2) Although recipes are completely open to interpretation, the essence of the recipe cannot be dismissed (i.e. if the challenge is to make a pesto, then you **cannot** make a marinara or béchamel; but you **can** make a spinach pesto instead of the traditional basil one.)
- 3) Entries must be posted by midnight on the night of the deadline in order to be considered for judging.
- 4) All recipes, photos and content must be original.
- 5) One entry per blog.

Frequently Asked Questions:

Q: Do I have to pay for shipping or a judging fee? What's the catch?

A: No, there are no fees and there is no catch. We take care of the prizes, the judging and shipping – you just do your thing and, most importantly, have fun!

Q: When do I get my prize if I win?

A: Gift certificates are activated as soon as the winner is announced. Mail prizes will be shipped regular mail no later than one week after the winner is announced.

Q: If I live outside the US, can I still participate?

A: Of course! Depending on the sponsoring company though, international shipping may or may not be doable. Send an e-mail to tastemed@antoniotahhan.com for more information.

Q: What is the Mediterranean panel for?

A: The Mediterranean panel is there to make the virtual culinary trip to the Mediterranean more realistic. Each member of the panel specializes in a certain region of the Mediterranean, and hopefully between all of us we'll be able to answer most of the questions that come our way.

Q: Can I make any suggestions?

A: Yes, suggestions are welcome and appreciated! Send them to tastemed@antoniotahhan.com and I will try to respond to all of them in a timely manner.